

Note: This agenda is an example of a WTL parish retreat. Please work directly with the WTL Parish Support Team, the Pastor and Diocesan Family Life Director to see what resources and recommendations are available to you.

Theology of Marriage Retreat Schedule:

Option to begin the day with mass if available at the parish prior to retreat start time.

8:45am- Breakfast and Fellowship

9am- Begin

Overview of Day & Introductions

Opening Prayer

Clergy- Invite clergy from parish to speak on the Sacrament of Marriage or use this video:

[Bishop Barron on Sacrament of Marriage](#).

9:45am- Break

10:00am Regroup

VIDEO: [Sophia Sketchpad- Marriage](#)

Corinthians 12:31–13:8a Hymn of Love Reading/Reflection by Retreat Leader (15mins)

NFP Couple testimony (15mins), then invite mentor couples to share testimony or some ‘words of wisdom’ with the engaged couples..

Discuss/review [EOC \(Fr. Sibley Hymn of Love\)](#) by retreat leader

10:30am- **EUCCHARISTIC ADORATION (15mins)** Engaged Couple Breakout

[Read Hymn of Love Handout](#) 3x To yourselves and outloud to one another~ What stands out?

~ Discuss EOC with beloved after Adoration (15mins)

Retreat Leaders take the opportunity to speak to/coach the Mentor Couples alone while the Engaged Couples are in Adoration.

11:00am- Regroup and **send Mentor Couples to Adoration with Hymn of Love handout**

Retreat Leaders take the opportunity to speak to the Engaged Couples alone while the Mentor Couples are in Adoration.

- Short talk on Confession by clergy or retreat leader or [this video](#), then have couples reflect on WTL's Examination of Conscience at the end of Chapter 4. Confession available after retreat.

11:30am- Engaged Couples invited to share Engagement Stories

11:50pm- Wrap up-

- Remind couples to review Chapter 5 for the discussion night with clergy and expected next steps.
- Provide info/flyers for any upcoming parish events to invite couples into the life of the parish and introduce them to discipleship group leaders if you have them.

Confession available after the retreat ends.

Recommended books for take away from retreat:

- *Theology of the Body in One Hour* by Jason Evert
- *Good News About Sex and Marriage* by Christopher West