



### Step 1



Meeting with Clergy

#### Meeting with Clergy:

- Engaged couple given overview of WTL expectations
- Asked to discern a Mentor Couple before meeting with the Marriage Prep Coordinator (MPC)
- Send PMI information to engaged couple to complete inventory
- MPC sends follow-up email to schedule coaching session with both engaged & mentor couple

**Resource:** [Clergy Notes](#), [WTL Intake Sheet](#)

### Step 2



Coaching Session with  
Marriage Prep Coordinator  
and Mentor Couple

#### Coaching Session with Marriage Prep Coordinator and Both Couples:

- Engaged couples may discuss their Prepare/ Enrich (or other inventory) results with the MPC before the coaching session begins and prior to mentor's arrival
- Process is explained by MPC; meeting details include materials and digital app review
- Couples are brought into the vision of WTL and a sample chapter and meeting are described
- A double date for both couples (preferably outdoors) is set ideally within 2 weeks

**Resource:** [WTL Cheat Sheet](#), [WTL Sample Emails](#), [Scavenger Hunt List](#)

### Step 3



Monthly Meetings  
with Mentor Couple using  
Workbooks and Videos

#### Monthly meetings with Mentor Couple using workbook and couple video series:

- Couples will complete the designated sections of each chapter within two days of the meeting
- Mentors will prepare by praying for their couple and reviewing the appropriate Mentor's Journey chapter prior to the meeting with engaged couple
- Mentors will check in with their engaged couple and offer encouragement between meetings
- Scavenger Hunt items are completed between meetings

**Resource:** [WTL App Resource](#), [WTL Workbook](#)

### Step 4



Parish/Diocesan  
Engaged Couples Retreat  
(Mentors Invited)

#### WTL Parish/Regional Retreat OR Diocesan Couples Conference (Mentors Invited):

- A retreat provides deeper formation and fruitful conversation for the Theology Discussion Night
- The couple should take advantage of the Sacrament of Reconciliation before the wedding. There is an examination of conscience available at the end of chapter 4 of the workbook
- All couples are encouraged to note any questions or concerns about the topics discussed at the retreat for clarification at the next meeting (Theology Discussion Night)

**Resource:** [Be More: A Marriage Formation Retreat by WTL](#), [WTL Example Parish Retreat Schedule](#)



### Step 5



Theology Discussion  
and Meal at Mentor's Home

#### Theology Discussion and Meal at Mentors Home:

- This is an opportunity to build trust between both couples and the Church
- Both couples are encouraged to ask honest questions about the Church's teachings on marriage, family, and sexuality, etc.
- The mentors do not need to be experts and this night is formation for them as well!

**Resource:** [Clergy Notes](#), **Video:** [Looking at the Theology Discussion Night with Fr. Michael Delcambre, Chapter 5 of the WTL Workbook](#)

### Step 6



Both Couples  
Welcomed to the Parish and  
Invited to Small Groups

#### Both Couples Welcomed to the Parish and Invited into Small Groups:

- Witness to Love offers a 2 for 1 evangelization model. This supports and strengthens our church community at the parish level.
- MPC and/or Church welcome the couple into the life of the parish to actively join and participate in ministry, small groups, adult formation, etc
- Find more resources [here](#).

### Step 7

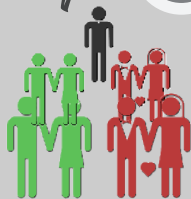


Wedding Day!

#### Wedding Day!:

- Couples have a deeper understanding of the Sacrament of Matrimony
- Couples have experienced healing in their lives and grown in their trust of the Church
- Together couples have grown in virtue, friendship and developed a deeper prayer life and relationship with God, as well as the celebrant preparing them for marriage.
- Couples feel more secure knowing they will receive continued accompaniment and support from both the chosen mentor couple as well as the parish

### Step 8



Continued Accompaniment  
by Mentor Couple  
and Parish Community

#### Continued Accompaniment by Mentor Couple and Parish Community:

- Mentors continue to get together with newly married couple monthly for date nights, fellowship, formation and social gatherings using [WTL's Be Light series](#).
- Mentors will be a bridge between newlyweds and the parish by inviting them to Mass and events
- Welcome to the parish! Share any upcoming parish events or programs with both couples
- Give thanks for the Church and the Sacrament of Holy Matrimony: God has brought you together for HIS purposes "Receive a Sacrament vs. Become a Sacrament"



witness to love

Be Light

Marriage Enrichment Movement

EXPERIENCE A NEW MARRIAGE MOVEMENT

5 Year Marriage Enrichment Program (Post-Wedding Day)

The first five years of marriage are at the highest risk of divorce. 23% of all Catholic marriages end in divorce within the first 5 years. The antidote: community, friendship, and a healthy marriage and family life. Through walking the Way of Love we seek for these couples to not only survive but thrive and be living signs of God's love in the world.



REGISTER FOR FREE

www.witness to love.org/belight

Be Light is a five year Marriage Enrichment (Mystogia) movement that draws married couples closer together in Christ while being transformed into family missionary disciples within their own communities. This path not only supports newly married couples during the fundamental first five years of their marriage but also helps all married couples in a community to open their hearts to the powerful way God remains present to them and in the Holy bond of Matrimony. The five year sequence builds upon the opportunities for growth and fulfillment that takes place over and over again in the intimate and personal way Christ encounters married couples in their interactions together.

Couples will develop the following:

- A sense of belonging to a discipleship community
- Believing in the good news revealed about the Sacrament of Matrimony in Christ
- Becoming a couple growing deeper in the moral virtues while embracing the church's moral teachings
- Living freely in the Beatitudes
- Become a light to the nations as evangelizing spouses.

Monthly Sequence

Released Every Thursday for a Date Night

(Testimonies, Podcast, Music Event)

- 1st Thursday: "A Couple's Light"
- 2nd Thursday: "A Shepherd's Light"
- 3rd Thursday: "Fuel for your Light"
- 4th Thursday: "Music for your Light"

Year 1



Continued Accompaniment by Mentor Couple and Parish Community

Year One: The Year of Belonging, Being at Peace

Belonging to a faith community is a critical component of spiritual commitment. We are created to belong, and our greatest fear is that we will not belong. Belonging provides a sense of peace that leads to a deepening commitment to one another while lowering the anxiety and ambivalence many have about relationships. Topics include: Introduction to Domestic Church, Walking Together, "You have made us for yourself and our hearts are restless until we rest in You, God!" St. Augustine

- **Evangelization Focus:** A Year of Movement from Wanderer to Seeker
- **Supporting Sacrament:** Sacrament of Baptism

Reflection for the Year: (CCC 357).



### EXPERIENCE A NEW MARRIAGE MOVEMENT

## Year 2



Continued Accompaniment by Mentor Couple and Parish Community

### Year Two: The Year of Believing, Theological Virtue of Faith

Within relationships we see practical, real-world examples of faith and how belief in God shapes the way we interact with one another. We also get a better understanding of ourselves and can begin to discover answers to questions that are vital to good marriages. To succeed here we dive into developing our faith through a discovery of who God is and who we are in Him. This year is focused primarily on growing in the virtue of faith through the supporting practices of: belief, witness, and service.

- **Evangelization Focus:** *A Year of Movement From Seeker to Believer*
- **Supporting Sacrament:** *Sacrament of Holy Matrimony*

*Reflection for the Year: (CCC 358).*

## Year 3



Continued Accompaniment by Mentor Couple and Parish Community

### Year Three: The Year of Becoming, Theological Virtue of Hope

Through a deepening desire of reverence for Christ as the basis of the relationship between spouses, trust is more deeply established as the good of the Sacrament of Marriage forming a couple in the unbreakable character or the indissolubility of the marital bond. The year deepens and enkindles a message of hope in the hearts of couples in the Transcendent Third.

- **Evangelization Focus:** *A Year of Movement From Believer to Disciple*
- **Supporting Sacrament:** *Reconciliation, Healing and Forgiveness*

*Reflection for the Year: (CCC 359).*

## Year 4



Continued Accompaniment by Mentor Couple and Parish Community

### Year Four: The Year of Beatitude, Theological Virtue of Charity

In the Year of Beatitude, we are being formed in the theological virtue of Charity. We are delving into that place where friendship with God becomes very real to us. It is a place where we interact and receive all that He shares with us. It is the experience of God drawing us into an abiding and long lasting happiness and beatitude. For our purposes here we will see how it is within marriage and family, that “first and vital cell of society,” that God offers to us a friendship that endures and transforms our marriage and our home with Christ dwells and calls us to live his!

- **Evangelization Focus:** *A Year of Movement From Disciple to Apostle*
- **Supporting Sacrament:** *Holy Eucharist*

*Reflection for the Year: (CCC 360).*

## Year 5



Continued Accompaniment by Mentor Couple and Parish Community

### Year Five: The Year of Be Light, Virtue of Magnimity

The Year of Light moves couples into becoming authentic ambassadors of Christ in the world. They are formed in the model of Aquila and Priscilla, the married couple described in several parts of the New Testament as evangelizing with St. Paul. The Year of Light impels Evangelizing spouses to be missionary outposts of their local parishes providing pastoral the “closeness and gratuity,” which are essential elements of evangelization and authentic faith formation.

- **Evangelization Focus:** *From Apostle to Evangelizing Spouses/Family Missionaries*
- **Supporting Sacrament:** *Sacrament of Confirmation*

*Reflection for the Year: (CCC 361).*