



BE LIGHT



WITNESSTO LOVE

2 PATHWAYS

PARISH OPTION OR HOME OPTION

WHAT IS BE LIGHT?

Be Light 5 Year Marriage Enrichment Movement draws married Catholic couples closer together in Christ while being transformed into family missionary disciples within their own communities. This path not only supports newly married couples during the fundamental first five years of their marriage but also helps all married couples in a community to open their hearts to the powerful way God remains present to them and in the Holy bond of Matrimony.

The five year sequence builds upon the opportunities for growth and fulfillment that takes place over and over again in the intimate and personal way Christ encounters Catholic married couples in their interactions together. Be Light Marriage Enrichment Small Groups provide an intentional pathway to continue the journey as a newly married couple with your chosen mentors and invite other couples to be part of the experience. Join today and let your marriage Be Light!

LAUNCHING BE LIGHT SMALL GROUPS AT A PARISH

STEPS TO START A BE LIGHT PARISH GROUP



HOST

Host a date night at your parish inviting newly married and married couples



SHOW

Show the 'Introduction Session' in the Be Light Date Night Mini Series on the first night and a date night session each consecutive night of the parish date night series



PROVIDE

Provide handouts with more information on Be Light. After parish event, transition into domestic church small groups in a home setting



FORMAT

Proposed format for Be Light date night small groups hosted at a couples home: (see next page)

TO LEARN MORE:

WITNESSTO LOVE.ORG/BELIGHT



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LAUNCHING BE LIGHT SMALL
GROUPS AT HOME

STEPS TO START A BE LIGHT HOME GROUP

1

INVITE

Invite 3-5 couples (engaged, newly married, married) to enjoy a meal or wine and cheese/dessert in a small group setting

2

WATCH

Together watch 'Be Light Mini Date Night Series' Introduction Session' and discuss the questions with your beloved first, then with the group

3

REGISTER

Have all couples register for "Be Light Mini Date Night Series" prior to the end of the night via our website or download the WTL app on your phone/tablet

4

GATHER

Continue to gather monthly in small groups, watch a session from 'Be Light Mini Date Night Series', build community and grow in relationship.

5

GROW

Continue to gather monthly and participate in Be Light: A 5 Year Marriage Enrichment Movement by enrolling in 'Be Light: Year of Belonging' (year one) via the WTL app at the end of the mini date night series.