Be Light

WHAT IS BE LIGHT?

Be Light: Year of Belonging is the first year of a five year movement to draw married couples closer together in Christ while being transformed into family missionary disciples. The Year of Belonging highlights twelve Witness Couples from around the country exploring various topics that unpack the Sacrament of Matrimony. Belonging (the first of five years for the Be Light Series) will be released on the first Thursday of each month. The couple testimony video will be supplemented with an additional video of a priest or deacon covering the same topic released on the 2nd Thursday of the month, a podcast on the 3rd and will wrap up with a music event on the 4th Thursday of each month.

Open your hearts to the powerful way God can enter more deeply into your marriage. All that you need to begin this journey is seated right next to you. Take your beloved by the hand and without saying a word, recognize that you are in some unique and irreplaceable way in the holy presence of God. Here is where Jesus Christ is found and where you will discover yourself as well as the purpose and mission of your marriage and family.

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FOR MORE INFO VISIT

www.witnesstolove.org/belight

PLAN A BE LIGHT ‘DATE-NIGHT’ SMALL GROUP AT HOME

HOW TO START A BE LIGHT DATE NIGHT SMALL GROUP

1. HOST
   Host a date night at your parish inviting newly married and married couples.

2. SHOW
   Show Belonging Month 1 content

3. COMPILe
   Compile a survey in order to identify strengths and gifts of each couple: hospitality, coordinator, speaker to identify small group host couples

4. PROVIDE
   Provide handouts with more information on Be Light. (After parish event, transition into home setting)

5. FORMAT
   Proposed format for Be Light date night small groups hosted at a couples home: (see next page)
PROPOSED FORMAT FOR BE LIGHT
‘DATE-NIGHT’ SMALL GROUPS AT HOME

Step 1
Invite 3-5 couples (engaged, newly married, married) to enjoy a meal or wine and cheese/dessert in a small group setting.

Step 2
Watch Together watch Be Light: Year of Belonging Month 1 and discuss the questions with your beloved first, then with the group.

Step 3
Register Have all participants register for Be Light: Year of Belonging prior to the end of the night. (link is below)

Step 4
Gather Each week couples should watch/listen to each session together with their beloved. Engaged and newly married couples should watch a session each month with their mentor couple.

Step 5
Music Gather together for dinner and enjoy a virtual music event, released every 4th week of the month. This is great for the whole family!

Step 6
Grow Continue to gather monthly in small groups to build community, grow in relationship and participate in Be Light: A 5 Year Marriage Enrichment Movement